

2019

Campus Life eBook

Southern Adventist University

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Recommended Citation

Southern Adventist University, "Campus Life eBook" (2019). *Booklets*. 4.
<https://knowledge.e.southern.edu/booklets2019/4>

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ENROLLMENT



200

7

INTRAMURAL
SPORTS



1,300-ACRE CAMPUS



90



MAJORS

\$12,000,000+

FINANCIAL AID AWARDED EACH YEAR



14:1

STUDENT TO
FACULTY RATIO

37

MILES OF WALKING
AND BIKING TRAILS



FIFTEEN

CONSECUTIVE YEARS RANKED AS A
"TOP TIER" INSTITUTION

by U.S. NEWS AND WORLD REPORT



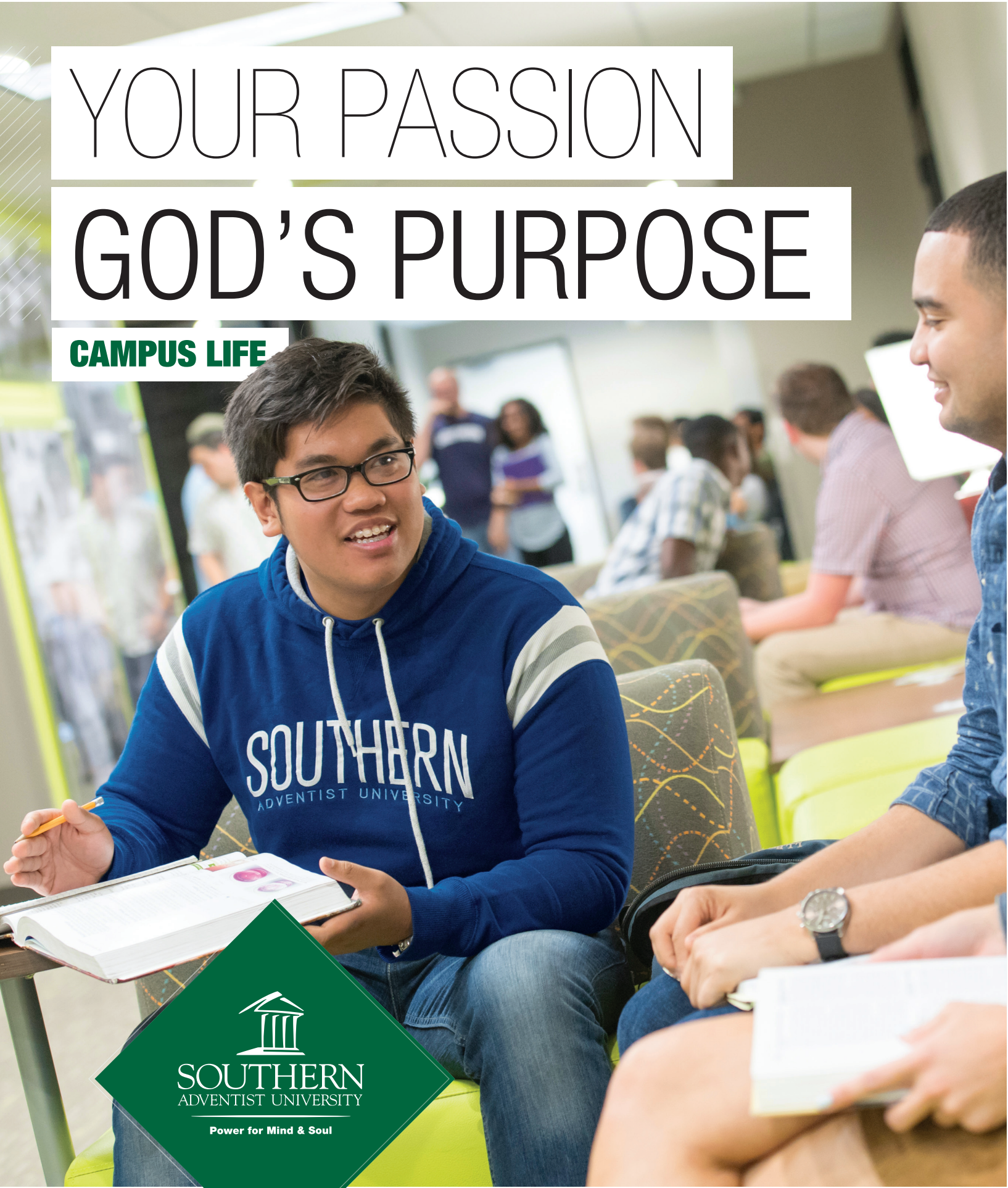
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YOUR PASSION

GOD'S PURPOSE

CAMPUS LIFE





SOUTHERN
ADVENTIST UNIVERSITY

Power for Mind & Soul



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come to life!

YOU'LL FIT

RIGHT **IN**

Many are the plans in a person's heart, but it is the
LORD's purpose that prevails (*Proverbs 19:21 NIV*).

COLLEGE IS OFTEN DESCRIBED AS ONE OF THE BEST TIMES IN LIFE. Maybe that's because it's all about expanding horizons and digging deeper into topics that fascinate you, or maybe it's studying and living with friends around the clock (or all of the above). At the heart of the college experience is community—going through life together with people you care about and who care about you.

That's what you'll find at Southern: a community of people exploring their passions together and shaping them into lives of purpose that fit into God's bigger picture. Small class sizes, LifeGroups, and faculty who are likely to invite you home for dinner make it easy to make new friends. Our campus is full of fun, warm, unique people, and that means **you're going to fit right in here** at Southern!

SEIZE THE DAY

While you're a student here, our campus will be your home away from home. Since it's very likely different from anything you've experienced so far in life, we'd like to give you a sneak peek at what you can expect.

We asked a group of students to describe Southern in **one word** and then explain their answers. Here are a few responses:

- “
- **Diverse:** There are people of all cultures, ethnicities, economic backgrounds, and walks of life, but everyone finds ways to blend and create lasting friendships.
 - **Outgoing:** I enjoy walking down the Promenade and being able to smile at everyone passing by. And everyone smiles back!
 - **Inviting:** Southern made me feel at home when I first came because of the welcoming, friendly people.
 - **Engaging:** There is always something going on. You feel a sense of motion within the campus.
 - **Intentional:** My professors go above and beyond to make my experience worthwhile.
 - **Together:** You're not alone; everyone is part of this supportive community.”



EATING AND SLEEPING

Imagine living where your friends are right down the hall, someone is always happy to pray with you, and there are multiple places to grab a bite to eat within easy walking distance. That's residence hall life for you! Thatcher and Talge Halls are home to many Southern students, offering the camaraderie of roommates, the fun of sharing life with lots of other girls or guys, and the convenience of being right in the middle of the action on campus.



NEVER GO HUNGRY

- **Dining Hall:** As the best place on campus for a full, hot meal three times a day, the Dining Hall always has a variety to choose from, with vegan options available at every meal. The International Bar, an option at lunch, offers a broad spectrum of cuisine as well. Check out the weekly menu online at [\[southern.edu/food\]](https://southern.edu/food).
- **KR's Place:** Conveniently located by the student center, this is a great place to grab a quick sandwich and study by the fire or visit with friends in a cozy atmosphere.
- **Kayak:** Found in the Hulsey Wellness Center, this snack shop is perfect for grabbing a bite to recharge after a workout. Besides sandwiches and wraps, it offers endless smoothie combinations—you are limited only by your imagination.
- **Village Market:** The VM's deli and salad bar are another option for quick, tasty food on campus. The store also has a broad selection of quality groceries, health food items, and necessities.



CAMPUS CARD AND MYACCESS

Your campus card is key—literally. It will give you access to your residence hall and room; be your means of payment for food, books, and photocopies; help you check out recreational equipment and library books; be used to clock in for on-campus jobs; and serve as your membership card for the Hulsey Wellness Center. MyAccess is the online equivalent. It's where you can register for classes, check your grades, pay your bills, look up other students or faculty, and read your email.



LET

US HELP YOU

RIGHT ON CAMPUS

Fleming Plaza is right across the street and allows you to run a variety of errands without leaving Southern.

- Credit union
- Christian bookstore
- Campus books and supplies store
- Post office
- Copy center
- Grocery/health food store
- Hangout space

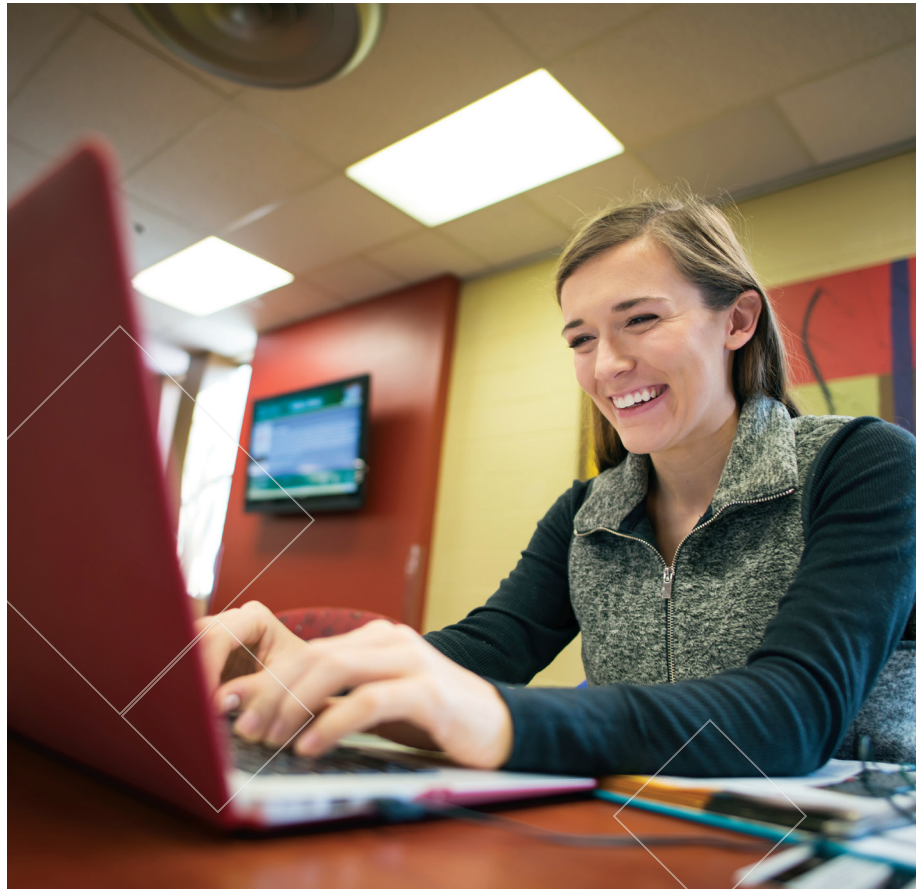


You may be far from home, but you're not alone.

Southern provides a number of services to help you survive college life.

- **IT Help Desk** – Having trouble with your email? Need your computer fixed? Information Technology can help you [southern.edu/it].
- **Campus Safety** – Besides taking care of general safety on campus, Campus Safety officers are also available when you're in a bind. If your car won't start or you need air in your tires, an officer will lend you a hand. They can also walk you across campus late at night, notify you of dangerous weather through our text-alert system, and even teach you self-defense, if you're interested [southern.edu/campussafety].
- **Student Success Center** – The name says it all. Southern is dedicated to your success and offers disability support, career and personal counseling, testing services, and help transitioning to college life [southern.edu/successcenter].
- **University Health Center** – Need a flu shot? Have a sore throat and fever? Or maybe you just need some health advice. With trained professionals on site, you don't even need to leave campus to get basic medical care [southern.edu/universityhealth].

- **McKee Library** – More than 173,000 books, as well as access to nearly 130 research databases, make the campus library a wonderful resource. It's also a comfy place to study. But it gets better, because the library's Writing Center can help you tackle your writing assignments. From brainstorming to explaining how to cite sources and assisting in the editing process, writing tutors offer valuable help. Academic tutoring is also available [southern.edu/library].
- **Computer Labs** – Throughout campus you'll find convenient computer labs and printing facilities. Depending on your needs, you can choose between MacOS, Windows, and other operating systems.



ON CAMPUS EMPLOYMENT

Southern students contribute a yearly average of \$2,500 toward their bills by working 12-16 hours a week. More than 1,250 on-campus student jobs are available, employing at least half of the student body in the library, residence halls, eateries, and wellness center, just to name a few [southern.edu/studentjobs].



LIVE WITH

PURPOSE



Southern has a reputation as a spiritual place, and there's a good reason for that. We believe every aspect of life has a spiritual component, and this belief impacts the way we worship, play, work, and learn together.

- Through dorm worships and campus-wide Friday night vespers, we prioritize spending time in collective worship.
- During intramurals, we pray together before every game and value good sportsmanship on the field.
- In the classrooms, professors integrate faith and learning, tackling difficult topics from a Christ-centered perspective and challenging you to think for yourself.
- Throughout the week, students often gather at the flagpole to pray or sit together in deep theological discussion.

We value authenticity in the Christian walk and welcome your honest contribution to the dialogue of life.

FIND A CHURCH FAMILY

Sabbath morning, pews fill up in the three Adventist churches on campus, which offer a variety of languages, meeting times, and worship styles. Students play a huge role in the services, helping with planning, providing music, and sometimes even presenting the message—lending a perspective and energy that only young people can bring. Within a 20-minute drive of campus, there are an additional 30 Adventist churches for you to choose from.



CAMPUS MINISTRIES

The Chaplain's Office is home to more than 20 student-led ministries and serves as the spiritual heartbeat of the university. Opportunities for involvement range from cheering up patients in the children's hospital by dressing as superheroes to holding worship services at a local nursing home. Have an idea for an exciting new outreach effort or campus group? Stop by the Chaplain's Office for a chat!



GET CONNECTED

In a student body of nearly 3,000, it could be easy to feel disconnected. Through Southern's LifeGroups—each made up of no more than a dozen individuals—students come together weekly for prayer, Bible study, and building connections in a small-group setting. There are more than 100 different LifeGroups to choose from, or you can start your own!



MAKING THE WORLD A BETTER PLACE

Jesus shaped His entire ministry around serving others, both spiritually and physically. His powerful example shapes Southern's commitment to service as part of our curriculum, with a minimum of 39 volunteer hours required of every student before graduation. That may sound like a lot, but in reality, most students voluntarily spend even more time in helping others.

- **In the Community** – Every Sabbath afternoon, busloads of students feed the homeless downtown, visit the elderly in nursing homes, and go door-to-door praying with people.
- **Short-Term Trips** – During school breaks, many students take the lead in organizing mission trips to Costa Rica, Cambodia, and beyond.
- **Life-Changing Year** – Then there are the student missionaries who dedicate a year of their lives to meeting needs in Poland, Kenya, Peru, and dozens of other countries.

No matter if it's just for an afternoon at a time or for a whole year, we invite you to be the hands and feet of Jesus to the world!



WALK IN JESUS' FOOTSTEPS

Every Easter weekend, Southern's campus transforms into part of ancient Jerusalem, re-enacting the final week of Christ's life in a powerful way. About 10,000 visitors walk through the annual SonRise Resurrection Pageant, experiencing what life was like in Jesus' day and witnessing His death and resurrection. Whether you become one of the hundreds of volunteers who make this event possible or join the community members in the Easter journey, SonRise will likely give you a new appreciation for Christ's sacrifice.

PLAY

THE BEST OF TIMES

Classes and homework might be a big part of college, but they're certainly not everything.

With thousands of students on campus, there's constantly something going on, whether it's the annual Cardboard Boat Race, the Christmas Tree Lighting, or an unexpected free breakfast on the Promenade.



LACE UP YOUR TRAVELING SHOES

While we love our campus, we also encourage you to get out there and experience first hand the things you're learning about. Explore Bali with the Tropical Biology class, tour China with the School of Business, or soak up the art scene in New York City with the School of Visual Art and Design. Dig up some history in Israel—literally—with our Institute of Archaeology professors or travel through Europe with the School of Social Work for a better understanding of peoples and cultures.

LET THE FUN BEGIN!

- **Sports** – For the athletic soul, intramural sports throughout the year offer the chance to be part of a team and carry on a little friendly competition. Sports include basketball, flag football, futsal, hockey, soccer, softball, and volleyball [southern.edu/intramurals].
- **Fitness** – If you're interested in getting (and staying) toned, the Hulsey Wellness Center has everything you need to stay fit, including swimming pools, racquetball courts, a climbing wall, indoor and outdoor tracks, and fitness equipment. Personal trainers and massage therapists are also on hand.
- **The Great Outdoors** – If outdoor activities are your thing, you don't even have to leave campus to enjoy natural climbing walls, a cave with underground trails and water, and 37 miles of hiking and mountain biking trails. As a way to connect with other adventurous people, the Southern Outdoor Adventure Program offers chances to go whitewater rafting or spelunking and even worship together in the great outdoors.
- **Campus Clubs** – No matter what your interests, exploring the clubs on campus is a great way to find people who share something in common with you. There are more than 40 groups, ranging from kayaking to computers to witnessing. You'll find cultural clubs and hobby clubs as well as clubs for students on pre-professional tracks (such as pre-med and pre-dental), not to mention local chapters of national organizations like Enactus and the Public Relations Student Society of America [southern.edu/studentclubs].



FLYING HIGH

Soar through the air, tumble across the mat, and build human formations as a member of the Gym-Masters acrobatic team. Whether practicing in the dedicated gym at Southern or touring the country performing gymnastics, circus acrobatics, and cheerleading stunts, the team emphasizes teamwork, dedication, healthy living, and a relationship with God.



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- 33 Adventist Book Center**
- 45 Art Annex**
- 12 A.W. Spalding Elementary**
- 18 Bietz Center for Student Life (future site)**
- 46 Brock Hall**
English Department
History and Political Studies Department
John C. Williams Art Gallery
School of Business
School of Journalism and Communication
School of Visual Art and Design
- 44 Campus Safety**
- 44A Audio Visual Department**
- 29 Campus Shop**
- 1 Collegedale Academy**
- 4 Collegedale Church of Seventh-day Adventists**
- 25 Collegedale Post Office**
- 39 Daniels Hall**
School of Social Work
- 48 Duck Pond**
- 40 Florida Hospital Hall**
School of Nursing
- 42 Garden of Prayer**
- 9 General Recreation Area**
Disc Golf Course, Soccer Field, Tennis Courts, Track, and Putting Green
- 30 Global Community Development**
- 50 Greenway**

- 34 Hackman Hall**
Evangelistic Resource Center
Lynn H. Wood Archaeological Museum
Soul-winning And Leadership Training (SALT)
School of Religion
- 15 Hickman Science Center**
Allied Health Department
Biology Department
Chemistry Department
Math Department
Origins Exhibit
Physics and Engineering Department
School of Computing
- 13 Hulsey Wellness Center**
Fitness Floor
Indoor Climbing Wall and Track
Pool and Sauna
School of P.E., Health, and Wellness
The Kayak
- 11 Iles P.E. Center**
Basketball and Raquetball Courts
- 6 Landscape Services**
- 38 Ledford Hall**
Auto Repair Shop
Lighting Lab
- 8 Lower Stateside Apartments**

- 36 Lynn Wood Hall**
Advancement
Alumni Relations
Chapel
Heritage Museum
Student Success Center
- 41 Mable Wood Hall**
School of Music
Ackerman Auditorium
- 23 McKee Library**
- 43 Miller Hall**
Modern Languages Department
- 47 Online Campus**
- 5 Outdoor Education Center**
Climbing Tower and Ropes Course
- 35 Plant Services**
- 27 Quick Print**
Mail Services
Purchasing
- 19 Service Department**
- 2 Southern Village**
- 20 Spanish-American Church**
- 24 Student Park**
24A Pavilion
24B Goliath Wall Amphitheater
24A Student Park Cave

- 31 Summerour Hall**
School of Education and Psychology
Teaching Materials Center
- 16 Sundial**
- 32 Talge Hall**
Men's Residence Hall
- 17 Thatcher Hall**
Women's Residence Hall
- 17A Thatcher South**
- 14 Transportation Services**
- 3 University Health Center**
- 10 Upper Stateside Apartments**
- 28 Vegetarian Culinary Arts Kitchen**
- 21 Village Market**
Deli
- 7 White Oak Mountain Trail Entrance**
- 37 White Oak Mountain Trail Entrance**
- 26 Wright Hall**
Administration
Admissions
Campus Tours
Graduate Studies
Student Finance
- 26A Dining Hall**
- 26B Chaplain's Office, Kelly's English Garden, KR's Place, Student Association, Student Center, and Student Services**
- 49 WSMC Classical 90.5 and Oasis 90.5**



MAKE A JOYFUL NOISE

As Ludwig van Beethoven once said, “Music is a higher revelation than all wisdom and philosophy.”

Southern values quality music, and if that is your thing, you will have many opportunities to bring songs alive with other students. Southern’s performance groups routinely hold concerts for the public and also go on tour. Music is an integral part of worship, with students leading out in song at many of the church services in the surrounding area.

PERFORMANCE GROUPS

- Bel Canto (female choir)
- Die Meistersinger (male choir)
- I Cantori (select choir)
- Jazz Ensemble
- Southern Ringtones (bell choir)
- Symphony Orchestra
- Wind Symphony (concert band)

GRAND INSTRUMENTS

Southern has the distinction of being an All-Steinway School: every piano that students practice on is Steinway-designed and crafted. Another beautiful instrument on campus is Southern’s Anton Heiller Memorial Organ, which contains 4,861 pipes and is located in the university church.



EXPLORE

CHATT-TOWN

FUN

Whether you're looking for a place to take a date or get away with friends, Chattanooga offers endless opportunities. Don't have a car? No problem: there is an electric car rental station on campus.

- **Shop** – Hamilton Place Mall, with 200+ stores, offers a little something for everyone.
- **Attend a festival or concert** – Chattanooga's prime location between Nashville and Atlanta attracts music festivals, independent film festivals, and art festivals alongside a broad selection of classical, contemporary, and Christian concerts.
- **Explore the aquarium or zoo** – From seahorses to penguins and otters, the Tennessee Aquarium is teeming with sea life. The aquarium also hosts a 3-D IMAX for a truly immersive experience. Nearby, the Chattanooga Zoo houses its own set of captivating wildlife.
- **Eat everything** – Fast food favorites? Check. Romantic restaurants? Check. A plethora of local eateries? Check. Whether in Collegedale, Hamilton Place, or downtown Chattanooga, you'll never be without numerous choices to appeal to your taste buds.
- **Spend the day on Lookout Mountain** – Board the Incline Railway, the world's steepest passenger railway. Then see the ancient rock formations, lush gardens, and panoramic views from Rock City and Point Park. Finally, take an elevator ride down into the heart of the mountain and experience Ruby Falls, a towering underground waterfall.
- **Enjoy traditional amusement** – Complete with 23 major rides, paddle boats, water rides, and a historic wooden rollercoaster, Lake Winnepesaukah amusement park offers affordable, old-school fun.
- **Venture downtown** – The Walnut Street Bridge is one of the longest pedestrian bridges in the world. Crossing over the river from North Shore to the downtown art district, the walking bridge is also an ideal location for a romantic (and free) date, some afternoon exercise, or a photo shoot. Located next to the bridge is Coolidge Park, where you can enjoy a picnic, ride the carousel, throw a football, splash in the fountains, or rent bicycles—all surrounded by numerous local shops and restaurants.



BEST PLACE TO LIVE

In Outdoor Magazine's "Best Towns" contest, Chattanooga has won not once, but twice! Here are a few reasons why this area is considered an amazing outdoor destination:

- **Rock climbing:** Hard sandstone bluffs throughout the area put Chattanooga on the map for climbers nationwide.
- **Hiking:** Within 15 minutes of Chattanooga, more than 150 miles of hiking trails wind through forests, rivers, and mountains, providing variety and stunning scenery. For the serious hiker, there's easy access to the entire Eastern U.S. trail system, including the Appalachian Trail.
- **Mountain biking:** More than 100 miles of singletrack in the surrounding mountains offer experienced cyclists a good ride, while off-road parks and greenways provide excellent leisure opportunities for a gentler experience.
- **Caving:** The greater Chattanooga area is home to more than 7,000 caves, all within an hour of the city.
- **Water sports:** Two of the nation's most beautiful whitewater rivers are nearby: the Hiwassee and the Ocoee. The Tennessee River, which runs through downtown, is a popular spot for stand up paddleboarding and rowing, and its many tributaries make for a vast wonderland of water sports.

EXPLORE

- **Discover local products** – Chattanooga Market, with hundreds of vendors every Sunday from April to December, was named one of the “Top Ten Public Markets in America” by Frommers. Collegedale and Ooltewah also have open-air markets.
- **Catch a show** – Enjoy a comedy, drama, or musical at one of Chattanooga’s four performing arts centers (most famous of which is the historic Tivoli Theatre, constructed in 1921).
- **Watch an American pastime** – Visit Chattanooga’s hometown baseball team, the Lookouts, at a game in their downtown, hilltop stadium—complete with peanuts and Cracker Jacks.
- **Go bowling** – Spare Time features 25 bowling lanes, a laser-tag arena, a 90-game arcade, and a full-service restaurant.
- **Break out** – Gather a group of friends to solve puzzles, decode secrets, and free yourselves before time runs out at Escape Experience Chattanooga.
- **Experience history** – Key Civil War battles were fought in the Chattanooga area. Retrace the steps soldiers took at the Chickamauga and Chattanooga National Military Park or visit Point Park, where the “Battle Above the Clouds” was fought.
- **Museum hop** – For a refined and cultured experience, try one of Chattanooga’s museums, such as the Hunter Museum of American Art, which overlooks the river.
- **Browse through a gallery** – Multiple galleries, including one established by a recent Southern alum, give you the opportunity to appreciate the work of local artists.



Check out Computer Systems Administration major Braxton Young’s “ABCs of Chattanooga” video for a fun look at what our beautiful city by the river has to offer [southern.edu/abc].



PREPARE

ALMOST



THERE

ADMISSIONS CHECKLIST

We're thrilled that you'll be joining our Southern family soon! God has a purpose for you, and we're looking forward to seeing how He uses Southern to help prepare you. In the meantime, there are a bunch of things to do before school begins, so here's a checklist to help you stay on track:

- ☒ Get accepted **#headed2sau**
- ☐ Reply to offer of admission and pay your deposit
- ☐ Use your Enrollment Checklist in your portal to stay on track [southern.edu/checklist]
- ☐ Apply for grants/financial aid and file your FAFSA
- ☐ Consider SmartStart; it's a great way to get a head start on university life [southern.edu/smartstart]
- ☐ Research a major you're interested in (but it's also OK to pick one later)
- ☐ Connect with your roommate through email, Facebook, Twitter, Instagram (be sure to follow Southern, too!)
- ☐ Hug your parents :)
- ☐ Prepare for life on campus
 - Complete wardrobe **#collegeready**
 - Shop for dorm-room décor
 - Eat something delicious
- ☐ Call our First Year Advising center to register for classes—423.236.3100 [southern.edu/fya]
- ☐ Treat your parents to dinner out
- ☐ Arrive on campus and attend The Main Event, which includes enrollment activities and orientation
- ☐ Move into your new room **#workout** (Faculty, staff, and community members will lend a hand with the heavy lifting **#WeHaul**)
- ☐ Buy your books
- ☐ Get involved
 - LifeGroups [southern.edu/lifegroups]
 - Intramurals [southern.edu/intramurals]
 - On-campus jobs [southern.edu/studentjobs]
- ☐ Explore Chattanooga
- ☐ Don't forget to study
- ☐ Call your mom!

As you prepare for your first day of college, your Admissions Counselor remains in your corner, ready to answer any questions you have. You can also call 423.236.2844 for the Admissions office.



YOUR PASSION, GOD'S PURPOSE

Southern Adventist University aims to be a place where you can bring—or discover—your personal passion, then learn to shape it into a life of purpose, driven by the will of God. Our campus is rich with social, spiritual, and academic opportunities for you to learn and grow. Whether it's an impromptu game of mini golf on the Promenade during Student Appreciation day or a hayride behind an antique tractor in celebration of Southern's 125 years, you never know what you'll find to do.